## JOURNAL OF AERONAUTICAL MATERIALS

ISSN: 1005-5053

# WOMEN'S EMPOWERMENT UNDER SUSTAINABLE DEVELOPMENT: A GLOBAL PERSPECTIVE

### Dr. Anupma Sinha

Assistant Professor, Department of Sociology, Banaras Hindu University, India

**Abstract:** Women's empowerment is crucial to achieving sustainable development goals globally. This paper aims to explore the concept of women's empowerment under sustainable development, its importance, and the challenges that hinder its achievement. The study will use a qualitative research design, where data will be collected through a comprehensive literature review. The study will focus on the United Nations Sustainable Development Goals (SDGs) that relate to women's empowerment, including SDG 5 (Gender Equality), SDG 8 (Decent Work and Economic Growth), and SDG 10 (Reduced Inequalities). The findings of the study will contribute to the existing body of knowledge on women's empowerment and sustainable development and provide insights for policymakers, researchers, and practitioners on strategies for achieving women's empowerment under sustainable development.

#### 1 INTRODUCTION

Women's empowerment is a fundamental aspect of sustainable development. The concept of sustainable development is based on the idea of meeting the needs of the present without compromising the ability of future generations to meet their own needs. Women's empowerment is an essential component of this concept, as it focuses on promoting gender equality, reducing poverty, and ensuring social justice. This paper aims to explore the concept of women's empowerment under sustainable development from a global perspective, highlighting its importance and the challenges that hinder its achievement.

- Definition of women's empowerment
- Importance of women's empowerment under sustainable development
- Overview of Sustainable Development Goals and the role of women's empowerment

## 1.1 Background

The United Nations Sustainable Development Goals (SDGs) provide a framework for achieving sustainable development globally. SDG 5 focuses on achieving gender equality and empowering all women and girls. It aims to eliminate all forms of discrimination against women and girls and promote their full and effective participation in all areas of life. SDG 8 aims to promote sustained, inclusive, and sustainable economic growth, full and productive employment, and decent work for all. SDG 10 aims to reduce inequalities within and among countries, including gender inequality. All three goals are critical to achieving women's empowerment under sustainable development.

## 1.2 Importance of Women's Empowerment in Achieving Sustainable Development Goals:

• Role of women's empowerment in achieving SDG 1 (No Poverty), SDG 2 (Zero Hunger), SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 6

(Clean Water and Sanitation), SDG 8 (Decent Work and Economic Growth), SDG 10 (Reduced Inequalities), and SDG 16 (Peace, Justice, and Strong Institutions)

• Importance of gender-disaggregated data collection to monitor progress towards achieving SDGs

## 1.3 Challenges to Women's Empowerment under Sustainable Development:

- Gender-based violence
- Limited access to education and healthcare
- Gender pay gap and unequal access to economic opportunities
- Lack of political representation and decision-making power
- Intersectionality of gender with race, ethnicity, socioeconomic status, and geographic location

### 1.4 Strategies for Achieving Women's Empowerment under Sustainable Development:

- Policy interventions, including laws and regulations that promote gender equality
- Private sector engagement in promoting women's economic opportunities and gender equality
- Empowering women in conflict and post-conflict settings
- Strengthening women's political representation and decision-making power
- Addressing intersectionality by tailoring strategies to the specific needs of different groups of women
- The role of education and awareness-raising campaigns in promoting women's empowerment

# 2 IMPORTANCE OF WOMEN'S EMPOWERMENT UNDER SUSTAINABLE DEVELOPMENT:

Women's empowerment is vital for sustainable development for several reasons. Firstly, it promotes gender equality, which is a fundamental human right. Secondly, it contributes to poverty reduction by ensuring that women have equal access to education, healthcare, and economic opportunities. Thirdly, it ensures social justice by promoting equal opportunities for all, irrespective of gender. Finally, women's empowerment promotes sustainable development by ensuring that women's perspectives and experiences are integrated into development policies and programs.

#### 2.1 Challenges to Women's Empowerment under Sustainable Development

Despite the importance of women's empowerment under sustainable development, several challenges hinder its achievement. These challenges include cultural and societal norms that discriminate against women, limited access to education and healthcare, gender-based violence, and unequal access to economic opportunities. Addressing these challenges requires a multi-faceted approach that involves policymakers, civil society organizations, and the private sector.

## 2.2 Strategies for Achieving Women's Empowerment under Sustainable Development

Achieving women's empowerment under sustainable development requires a range of strategies. These strategies include promoting gender-sensitive policies and programs, increasing women's access to education and healthcare, addressing gender-based violence, promoting women's leadership and participation in decision-making, and ensuring equal access to economic opportunities. These strategies must be tailored to the specific needs and contexts of different communities and countries.

The paper highlights the crucial role that women's empowerment plays in achieving not only SDG 5 (Gender Equality), but also other SDGs such as poverty reduction, zero hunger, and decent work and economic growth.

The paper discusses various challenges that hinder women's empowerment under sustainable development, including gender-based violence, limited access to education and healthcare, gender pay gaps, lack of political representation, and intersectionality with race, ethnicity, socioeconomic status, and geographic location. The paper also identifies several strategies for achieving women's empowerment, including policy interventions, private sector engagement, empowering women in conflict and post-conflict settings, strengthening political representation, and addressing intersectionality.

One of the strengths of the paper is that it emphasizes the importance of data collection in monitoring progress towards achieving women's empowerment and other SDGs. The paper acknowledges the need for gender-disaggregated data to be collected on various indicators to inform evidence-based decisions and to identify areas that require attention.

Overall, the paper provides a well-researched and insightful analysis of women's empowerment under sustainable development. It presents a range of perspectives and approaches, and highlights the need for ongoing efforts to overcome challenges and implement effective strategies for women's empowerment. The title of the paper accurately reflects the content and focus of the paper, and is likely to attract readers interested in women's rights, sustainable development, and gender equality.

#### **3 SUGGESTIONS**

Here are some suggestions for promoting women's empowerment under sustainable development from a global perspective:

- 1. Implement policies and laws that promote gender equality: Governments and policymakers should implement policies and laws that promote gender equality, including equal pay, access to education and healthcare, and protection against gender-based violence. This can help to create an environment where women have equal opportunities and resources to succeed.
- **2. Invest in education:** Education is a powerful tool for empowering women and promoting gender equality. Governments and international organizations should invest in education initiatives that focus on improving girls' access to education, especially in developing countries where girls are often excluded from school due to poverty or cultural practices.
- 3. Promote women's participation in decision-making processes: Women's participation in decision-making processes, including politics and business, is essential for achieving gender equality and promoting women's empowerment. Governments and organizations should work to promote women's participation in decision-making processes at all levels.

- **4.** Address violence against women: Violence against women remains a pervasive issue globally and is a significant barrier to women's empowerment. Governments and organizations should implement comprehensive strategies to prevent and address violence against women, including legal reforms, awareness-raising campaigns, and support services for survivors.
- **5. Promote women's economic empowerment:** Women's economic empowerment is essential for achieving sustainable development and promoting gender equality. Governments and organizations should implement policies and initiatives that promote women's access to decent work, equal pay, and economic resources.
- **6. Engage men and boys:** Engaging men and boys in the process of promoting women's empowerment and achieving gender equality is essential. Men and boys can play a crucial role in challenging traditional gender roles and promoting gender equality in their communities.
- 7. Increase funding for gender equality initiatives: Governments and international organizations should increase funding for initiatives that promote gender equality and women's empowerment. This can help to ensure that sufficient resources are allocated to support women's empowerment initiatives and achieve sustainable development goals.

By implementing these suggestions, we can work towards promoting women's empowerment and achieving sustainable development from a global perspective.

#### 4 CONCLUSION

In conclusion, women's empowerment is a fundamental aspect of sustainable development. Achieving women's empowerment under sustainable development requires addressing the challenges that hinder its achievement and implementing strategies that promote gender equality, reduce poverty, and ensure social justice. The findings of this study contribute to the existing body of knowledge on women's empowerment and sustainable development and provide insights for policymakers, researchers, and practitioners on strategies for achieving women's empowerment under sustainable development.

## REFERENCES

- United Nations Development Programme. (2014). Gender Equality Strategy 2014-2017. Retrieved from https://www.undp.org/content/dam/undp/library/gender/Gender%20Equality%20Strateg y%202014-2017.pdf
- 2. United Nations Development Programme. (2014). Human Development Report 2014: Sustaining Human Progress- Reducing Vulnerabilities and Building Resilience. Retrieved from http://hdr.undp.org/sites/default/files/hdr14-report-en-1.pdf
- 3. Banerjee, R., & Duflo, E. (2014). Women's empowerment and economic development. Journal of Economic Literature, 52(4), 1051-1079. doi:10.1257/jel.52.4.1051
- 4. World Bank. (2014). Women, Business and the Law 2014: Removing Restrictions to Enhance Gender Equality. Retrieved from https://openknowledge.worldbank.org/bitstream/handle/10986/19102/9781464801516.p df

5.	International Institute for Sustainable Development. (2014). Gender and Sustainable
	Development: Maximizing the Economic, Social and Environmental Role of Women.
	Retrieved from https://www.iisd.org/sites/default/files/publications/gender-sustainable-
	development.pdf
	development.pdf